

## SATURDAY 28 APRIL HEALTH AND WELLBEING FAIR

## **30+ different activities for you to see and try**

Drop in to the **Health and Wellbeing Fair** at Warminster Civic Centre on Saturday 28 April (11:00am to 1:30pm) Advice and information on all things relating to health and wellbeing. Free samples, tasters, refreshments. Demonstrations and Activities.

## Saturday 28 April 11:00am-1:30pm

Free health checks! Blood pressure, BMI and carbon dioxide

Free food tasters and refreshments!

Free raffle with great prizes!

Advice, guidance, idea and much more to help you manage your health and wellbeing

## **FOR FURTHER INFO:**

Email: Jacqui.abbott@wiltshire.gov.uk or call 01722 434 344

http://warminster.ourcomm unitymatters.org.uk/events/